
The Harrier

Volume 1 Issue 4

NOVEMBER 1996

FAVERSHAM STILL FAVOURITE

The Half Marathon went off without a hitch and although the weather conditions were far from ideal, we still had a good turn out with well over 200 runners taking part. The numbers could have been much higher, but with several other events taking place on the same day, all race organisers suffered a little with entries.

The event has always been a favourite Half Marathon among many runners and we have received some very good feedback following the race. Quite a number of runners have asked if we will be staging the race again next year and have asked for details to be sent to them automatically. Hopefully it will be possible to organise it again next year and a suitable date will be looked at in conjunction with other local races

We had considerable help on the day and I would like to express my sincere thanks to everyone that turned up. As you can appreciate, with a race this size, its hard to keep track of everything that is going on and to have someone take responsibility of a particular job made the organisation so much easier. (See Results page).

FOREIGN EXCHANGE

Many of you will of course remember Minne Boelens (our Flying Dutchman) who returned "home" last year. Joanne and Glynn Jenkins recently stayed with Minne for the Amsterdam Marathon and it has been suggested to try an exchange with Minne's local running club Hollandia. They are hoping to come over late January, early February to race and I would like to hear from anyone who may be able to put up one or two runners. They in return are willing to accommodate us in March, when they have a local race which covers three different distances. If anyone is interested please see Bonny.

PRESENTATION EVENING

The Annual Club Presentation will take place on Saturday, 14th December at the Tyler Hill Village Hall. There will be the usual buffet/music and tickets will be priced at £10.00 per adult, £5.00 per child (under 16).

A form is attached to the back of this Newsletter and these should be returned to Bonny with your cheques by no later than Tuesday, 10th December.



CLUB ADVERTISING

If anyone has an article they would like incorporated within the Newsletter or has anything they would like to advertise eg kit for sale, holiday homes etc. please pass the details to Bonny and I will include them in the next edition.

Several pairs of racing shoes (ASICS, Reebok and Adidas) size 9½. See David Smith on Club Nights.

VETS & CLUBMANS COUNTY CHAMPIONSHIPS SAT 4/1/97

Please let Bonny know if you are interested in taking part in these Championships which will be held at Dunorlan Park, Tunbridge Wells.

The races are as follows:-

Vet Men Over 50 - 10,000 metres

Vet Men Over 40 - "

Vet Women Over 35 & Over 45 - 5,000metres

Clubman Championship also 10,000 metres.

RESULTS ROUND-UP

FAVERSHAM HALF MARATHON - 20/10/96

1st	Barry Hockley	1:15.11	
2nd	Robert Hall	1:18.08	
3rd	Robert Sargeant	1:19.40	
6	Russell Bridge	1:22.36	
8	Tony Reaveley	1:23.39	1st V/50
15	David Smith	1:27.33	V/40
18	Dave Joy	1:29.10	
29	Dave Lightburn	1:31.27	V/40
35	Laurence Shaw	1:32.28	V/40
41	Andrew Marsh	1:33.41	PB 5 mins
66	Peter Wyeth	1:36.56	V/50
78	Doug Hinsley	1:40.34	
86	Anita Smith (4th Lady)	1:42.15	1st V/35
135	Maurice Bennett	1:51.33	V/50
139	Colin Parry	1:52.18	V/60
140	Maria Sargeant (9th Lady)	1:52.49	
146	Pete Greenwood	1:53.36	V/50
149	Derek Parnell	1:54.32	V/40
153	Sharon Proudlove(13thL)	1:55.43	
159	Barry Lilley	1:56.57	V/40
163	Shahida Quershi (14th L)	1:57.35	3rd V/40
178	Ivan Morris	2:04.19	
185	Erica Akerman (19th L)	2:16.09	1st V/50

& 1 MILE FUN RUN

1st	Simon Dunderdale
1st	Zoe Hinsley

CITY CENTRE RACES - 20/10/96

1st	Millie Hinsley (U/11s)
	(Distance ½-mile)

SOUTHERN WOMENS XC LEAGUE.

BOURNEMOUTH - 19/10/96 - 5,500metres

18th	Bonny Appleby	21.23	2nd Vet
29th	Denise Farnham	21.42	5th "
60th	Anita Smith	24.14	19th "
84th	Joan Crossland-Page	30.36	34th "
87th	Sue Reilly	35.35	36th "

Excellent runs by Joan and Sue who were competing in the League for the first time. The next meeting is on Saturday 16th November at Crawley and we will be joined by Helen Paine, Fayne Stone and Suzanne Jenkins.

2nd Vets Team

8th Team Overall

WINDSOR HALF MARATHON

John Hartley	1:53.36	V/50
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3 PEAKS XC, DORSET - 10.2 MILES

37th	Robert Hall	1:14.00
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This may seem a slow time for Rob over 10 miles but he did tell me that the course went up and up and up for approximately 1500 feet before he eventually started his descent.

LAST FRIDAY OF THE MONTH

10K - HYDE PARK - 25/10/96

Jerry Reilly	19.05	V/40
Sue Reilly	31.33	V/45

CANVEY ISLAND - 27/10/96

10k

4th	Rob Sargeant	36.28	
5th	Kevin Mitchell	36.39	
1st F	Denise Farnham	40.19	V/40
	Bob Davison	40.20	
2nd F	Bonny Appleby	41.59	V/40
	Dave Parnell	45.47	V/50
	Mark Balman	47.20	
6th F	Maria Sargeant	48.00	
	Cliff Tritton	48.37	
9th F	Fayne Stone	48.45	
	Barry Littley	50.37	V/40
	John Hartley	50.59	V/50

2nd Mens Team - 1st Ladies Team

1¼-Mile Fun Run

1st	David Farnham	5.09
2nd	Stuart Turner	5.29
3rd	Simon Dunderdale	5.57
5th	Jack Parnell	6.10
6th	Lee Morphett	6.19
10th	Sam McDonald	7.08
13th	Adam McDonald	7.26

AMSTERDAM MARATHON - 3/11/96

Minne Boelens	V/40	3.02.58
Joanne Jenkins	FV/35	3:15.08 7th Lady

Joanne has been troubled with a hip problem lately and bearing in mind it was a very windy day, this is an exceptionally good run. Well done Joanne - I understand she's still waiting for her prize!!!!

PARKWOOD XC LEAGUE, UNIVERSITY
SUNDAY 3/11/96

U/11

2nd Sam McDonald
 3rd Adam McDonald

U/15

18th Simon Dunderdale

U/17

2nd David Farnham
 18th Stuart Turner

TODAYS RUNNER X-COUNTRY - AVERY PARK,
ELTHAM - 9/11/96

8th	Andy Colling	24.00	
10	Robert Hall	24.05	
53	Joe Hicks	27.16	V/40
59	David Smith	27.23	V/40
61	Sean Reilly	27.31	
68	Jerry Reilly	27.50	V/40
69	Alice Osborne	27.53	1st Lady
107	Helen Paine	28.57	FV/50
121	Peter Wyeth	29.30	V/50
165	Anita Smith	31.47	FV/40
202	Sharon Proudlove	34.09	
243	Erica Akerman	40.46	FV/50

255 Runners

Many thanks to all of you who turned up at Eltham, especially David Smith who hadn't planned to run at all, but on discovering we would not have a scoring team, donned some spare kit and managed an excellent run in his old training shoes. David's run helped the team to finish 4th overall which is an start to the League. Both he and Anita went on to race in Essex the following day in very cold and windy conditions.

The next meeting is at Swanley Park on Sunday, 24th November. Juniors at 10.30, Seniors at 11am. Directional maps are available on request.

PITSEA 5 - 10/11/96

David Smith	31.10	V/40
Alastair Telford	33.11	
Anita Smith	36.16	FV/40

MARGATE INTERNATIONAL -
XC RACES - 10TH NOVEMBER

A number of Club members took part in the various races held during the day and the results are as follows:-

THANET CORPORATE RELAY

TEAM CHALLENGE - 4 x 1km -

1st	Kings School Recreation Centre	(12mins 45secs)
1st Leg	Steve Reynolds	3.08
2nd	David Farnham	3.04
3rd	Joe Hicks	3.22
4th	Kevin Mitchell	3.11

BOYS U/11 - 1km

10th	Sam McDonald	3.50
16th	Adam McDonald	3.56

GIRLS U/13 - 2.5km

26th	Zoe Hinsley	11.01
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BOYS U/13 - 3km

13th	Jack Parnell	11.53
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BOYS U/15 - 3km

19th	Simon Dunderdale	11.13
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(Seasons best and 4th Scorer for Blackheath who took 1st Team)

BOYS U/17 - 4km

8th	David Farnham	12.57
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3rd Scorer for Blackheath who again took 1st Team)

38th	Stuart Turner	14.02
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SENIOR WOMEN

36th	Bonny Appleby	18.46	2nd Vet
42nd	Denise Farnham	19.19	3rd Vet
68th	Fayne Stone	22.41	13th Vet

(Debut run for Fayne at Cross Country)

DEAL STRIDERS - 5 MILES - 10/11/96

Cliff Tritton	37.10	
John Hartley	39.00	V/50

PB by 1min 15secs
 Barry Lilley also run but he's too shy to give his time.

INTERNATION CIVIL SERVICE XC - 10K
RICHMOND PARK, LONDON - 13/11/96

53rd	Russell Bridges	37.30
	Jerry Reilly	41.02

**SOUTHERN WOMENS XC LEAGUE,
CRAWLEY, 5000m - SAT 16/11/96**

14th	Bonny Appleby	18.48	2nd Vet
23	Denise Farnham	19.13	3rd "
42	Helen Paine	20.46	11th "
56	Anita Smith	22.23	16th "
51	Fayne Stone	23.15	19th "
72	Suzanne Jenkins	24.36	
75	Joan Crossland-Page	27.42	30th "
77	Sue Reilly	32.43	32nd "

Helen, Fayne and Suzanne joined the team and following some very gutsy running by our girls, we are now 4th team overall and 1st Vets team. With only one more meeting at Bedford on the 21st December, there is every chance we could finish 3rd overall and 1st Vets team.

BRIGHTON 10K - SUN 17/11/96

	Russell Bridges	34.58	PB 1sec
	Dave Joy	38.06	
V/40	Jerry Reilly	38.20	PB 19secs
V/50	Les Willis	42.36	
	Ivan Morris	50.25	
V/60	Bill Burt	61.00	
V/45	Sue Reilly	63.58	

An excellent run by Bill who has been off for a while with an injury. His time was a 7 minute improvement on his last race.

RACE DIARY

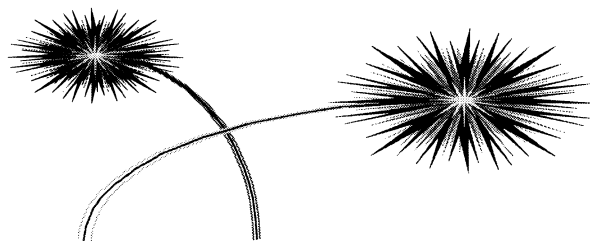
November

24th Today's Runner, Swanley Park 11am
Bournemouth 10 - 11am c/d 20/11

December

1st ASICS Victory 5, Portsmouth
Thanet Open 10, c/d 23/11
Forest Gate 10k, London c/d 22/11
14th Kent XC Champs, Gillingham
15th Ditton Turkey 7, Aylesford c/d 10/12
Christmas Caper 4.2 Swanley c/d 7/12
Thurrock 10k, 11am - c/d 9/12
21st Womens Southern League, Bedford
22nd Today's Runner, Minnis Bay, 11am

**PLEASE REMEMBER THAT RACE ENTRY FORMS MUST
HAVE EITHER SEAA PERMIT APPLIED FOR OR A KITE
MARK FOR RACE TIMES TO BE INCORPORATED IN THE
LEAGUE TABLES.**



CANTERBURY HARRIERS CLUB PRESENTATION

**SATURDAY, 14TH DECEMBER
TYLER HILL MEMORIAL HALL
TYLER HILL, CANTERBURY
8PM - 11.45PM**

Please reserve me tickets for the
Presentation Evening. I have enclosed
my cheque in the sum of £.....
made payable to Canterbury Harriers.

I will require a Vegetarian meal
(Please tick)

Name(s)

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**Please return your form to Bonny Appleby,
1 Ivy Place, Wincheap, Canterbury, CT1 3ST
(☎ 01227 450722).**

